



Winter/Spring 2023

Volume LXXXI, Issue 1

FROM THE PRESIDENT'S PERCH

A WILD LIFE

Just the other day an old friend contacted me after almost 30 years. Needless to say it was a very emotional reunion. And even though it was a get-together by phone, we quickly knew time could not weaken the bond we had built and held throughout those many years.

My friend now had a wonderful family with a wife and four kids and had become a successful orthopedic surgeon on the West Coast. After filling him in on my wife, two sons and my new granddaughter it did not take long for us to talk about what bonded and held us together throughout all the years and time -- it was growing up wild.

My friend asked about some of the old meadows, woods and creeks that played such an important part of our growing up. In many ways these wild places directed our life's journey, and guided us along the road to become who we are today. Some of those wild places now gone forever, plowed over and buried, some inaccessible by fences and signs and others that stood up to the bulldozers and concrete and were now saved.

Growing up our family lives were far from perfect. We did not have to talk about or discuss it in length, we both just knew that things were much better when we got outside and walked through the meadows, slogged through the mud and rested under the trees. . . all else was left behind. The bad things could not follow us despite its dogged attempt to shadow us on our path; it soon weakened and fell by the wayside forgotten about at least until we were finally forced to leave nature's refuge for the day.

"We didn't have much" my friend said. "But we sure led a great life! We grew up in wild places, went where we wanted and did things that you can never forget or probably ever do again." He added, "Those fences would not have kept us out back in those days!" I laughingly agreed.

My friend was right as we did not have much. Many material things were way beyond our reach and our dreams of the future seemed too much to consider, but we knew that nature would always be there for us. The natural world was the one thing we could depend on, it never judged us and it was a place where we were always welcomed and felt safe. "Everything we experienced back then directed us to the place we are now" I said, "Nature guided us to where we are both supposed to be, even though it was thousands of miles apart". He quietly agreed.

We talked about how the kind of life we knew growing up was gone, never to be relived or revived. Now only the memories were left, the powerful ones that took us on our long life's journey. His to heal people so they can move and walk and enjoy life again and mine to help protect the nature that we both loved and in my own way to help people learn what we both needed no words to say - *it's good to grow up wild.*

We talked about getting together for a fishing trip come the Spring, much like we did back then; maybe along a stream where once again we can stand together under the trees and laugh, watch the birds go by, wonder why the fish aren't biting and now talk about where we've been and how we got where we are. All the while reminiscing and reminding ourselves that all of it is surrounded, encircled and inspired by being able to walk in nature's path.

My wish is that everyone can get outside and connect with nature, take it all in and let it guide you along life's path. If you don't, you'll never know how far it will take you.

See you in the Meadowlands!

DON TORINO

BERGEN COUNTY AUDUBON SOCIETY—

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Send articles to PO Box 235, Paramus, NJ 07653-0235 or email editor, Nancy Salvati at nancys@nj.rr.com.

HAPPY NEW YEAR FROM 2022 BCAS BOARD MEMBERS.



From top : Julie McCall, Marilyn Sadowski, Karen Nickeson, Chris Takacs, Don Torino, Patrice

Torino, Joe Koscielny, Dave Hall.

Front row: Peggy O'Neill, Nancy Hall, Nancy Salvati, Marie Longo.



shown at left

Alicina Memar, Webmaster, Publicity.

INTRODUCING KATHLEEN FARLEY, new Executive Director of Teaneck Creek Conservancy.



Kathleen attended Rutgers (undergrad), Montclair (masters) and Rutgers (phd). She has been interested in nature since she was 5 when her parents moved from NYC to upstate New York. Being able to explore fields and woods was a very different world! The love of nature came from that period, but the understanding of it really came from being able to take classes about it and learn how it works and why conservation is critical, especially from her ornithology class.

I asked about her vision for Teaneck -arts and nature.

She said, "Eco Art is what sets TCC apart from the other parks and preserves in the area, but I hope that our recent habitat conservation project also begins to set us apart. Our plan is to do a full reopen in the spring although there is a bit more work to be done to make the new habitat accessible to the community."

Kathleen continued, "Following the habitat restoration, the park will be managed for invasive species. We want to really give the new native plants plenty of time to establish so we'll continue to have an active management plan to keep phragmites, knotweed and other invasives at bay. Through the auspices of the county, we are also working with a landscape architecture firm to identify further improvements to the park - new trails, signage, bird blinds, new locations for future eco-art installations, etc. So identifying new enhancements and implementing them will take us into 2024."

She said that the partnership between BCAS and TCC is one of the best offerings at TCC. "We look forward being the destination of BCAS walks at least twice a month as well as other special programs such as the Christmas Bird Count and New Years day walk and other events like the beginner bird classes."

Welcome aboard Kathleen. We all look forward to meeting you in 2023.

IN THIS EDITION

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BERGEN COUNTY AUDUBON SOCIETY NAMES EMILIA LORENZ AS RECIPIENT OF THIS YEAR'S JILL HOMCY MEMORIAL AWARD



Emilia Lorenz is recognized for her unwavering dedication to promoting the preservation of the environment in the Meadowlands through her stunning landscape, wildlife photography and videography.

This award honors Jill's memory by recognizing a photographer or videographer whose skill and passion behind the lens has raised awareness to preserve and protect wildlife and natural habitat in our region. (l-r Emilia with Don Torino).

Emilia's "*Encroachment on the New Jersey Meadowlands*" tells the continuing story and history of our Meadowlands. Her video reminds us that the fight is not over and why it still needs to be protected. <https://www.emilialorenzphotography.com/>.

BCAS FIELD TRIPS - FEBRUARY – APRIL, 2023

All field trips are rain OR shine. For additional information or to make suggestions for field trips, please contact Field Chair, **Chris Takacs** at 201-207-0426 or americanchris22@gmail.com. For a complete list of directions to field trip sites please visit www.bergencountyaudubon.org.

Unless noted, contact Don Torino greatauk4@gmail.com (201) 230-4983.

February 2 (Thurs.) 10AM. Mill Creek Marsh, Secaucus. Groundhog Day walk. Park behind Bob's furniture store.

February 5 (Sun.) 10AM. DeKorte Park, Lyndhurst.

February 12 (Sun) 10AM. Super Bird Sunday. Richard DeKorte Park. Prizes for first participants who correctly identify bird species whose names are shared with NFL teams, e.g. ravens, cardinals, eagles, etc.

February 14 (Tues.) 10AM. Teaneck Creek Conservancy, Teaneck. Valentine's Day walk. Meet in the parking lot off of Puffin Way.

February 18 (Sat.) 10AM. Frank Chapman Trail, Teaneck. Join us as we count birds for the **26th Annual Great Backyard Bird Count**. Meet in the parking lot on the corner of River Rd. and Riverview Ave., Teaneck

February 19 (Sun.) 10AM. Teaneck Creek Conservancy. Join us as we count birds for the **26th Annual Great Backyard Bird Count**. Meet in parking lot off Puffin Way.

February 22 (Wed.) 10AM. Laurel Hill County Park, Secaucus

February 26 (Sun.) 10AM. New Jersey Botanical Garden, Ringwood. Owls of New Jersey indoor presentation in the carriage house/visitor center.

March 1 (Wed.) 10AM. Teaneck Creek Conservancy, Meet in the parking lot off of Puffin Way.

March 5 (Sun.) 10AM. Mill Creek Marsh, Secaucus. Park behind Bob's furniture store.

March 11 (Sat.) 10AM. Eight Acre Woods, Hawthorne Beginners Walk. Park in the Boys & Girls Club parking lot. Contact: Liana Romano liana_romano@hotmail.com (201) 675-2427

March 15 (Wed.) 10AM. Overpeck County Park, Ridgefield Park. Meet in parking lot by the bandshell restroom area.

March 19 (Sun.) 10AM. Teaneck Creek Conservancy, Meet in the parking lot off of Puffin Way.

March 20 (Mon.) 10AM. Richard DeKorte Park, Lyndhurst. Spring Equinox walk.

March 26 (Sun.) 1PM. New Jersey Botanical Garden, Ringwood. Spring nature walk. Meet by the carriage house/visitor center.

March 29 (Wed.) 10AM. Frank Chapman Trail, Teaneck. Meet in the parking lot on the corner of River Rd. and Riverview Ave., Teaneck

April 2 (Sun.) 10AM. Richard DeKorte Park, Lyndhurst

April 9 (Sun.) 10AM. Teaneck Creek Conservancy, Teaneck Meet in the parking lot off of Puffin Way.

April 12 (Wed.) 10AM. Losen Slote Creek Park, Little Ferry Meet in the parking lot adjacent to the soccer field.

April 16 (Sun.) 10AM. Harrier Meadow, North Arlington

April 19 (Wed.) 10AM Mill Creek Point & Schmidt's Woods, Secaucus

April 22 (Sat.) 10AM. Frank Chapman Trail, Teaneck Join us for a nature walk as we celebrate Earth Day.

April 23 (Sun.) 10AM. Demarest Nature Center, Demarest Park at the Wakelee Athletic Field and walk over to the playground area next to the entrance of the nature center.

April 26 (Wed.) 10AM. Teaneck Creek Conservancy, Meet in the parking lot off of Puffin Way, Teaneck.

April 30 (Sun.) 1PM. New Jersey Botanical Garden, Ringwood. Birding for Beginners indoor presentation followed by a walk. Learn about bird ID, optics, field guides and more. ###

CONSERVATION

Karen Nickeson, Chair

Chickadee Winter

Black-capped Chickadee (Poecile atricapillus)



This winter season will be memorable to many of us as the year of the Chickadee. How does this tiny bird survive the frigid winter temperatures? They are tough. They are strategic. Have you heard the Chickadee telling you that you are late filling the feeder?

Inspired by an article I remember by Sandy Bonardi of Greenbrook, many years ago, I grew curious once more about the winter biology of one of my first ever feeder birds. After Chickadee young have fledged, adults begin to cache food in knotholes, bark crevices, or lichen folds. During the fall caching season, the Chickadee hippocampus, the brain area that tracks spatial memory, increases up to 30% and diminishes over time until spring when the need to remember cache locations is over. You may observe Chickadees flying off from your feeder with a seed to an unknown destination, to be retrieved when times are hard.

You'll notice that Chickadees bring friends. Winter flocks tend to include Tufted Titmice and a few White-breasted Nuthatch for extra defensive posture. The more eyes, the better, and protection in case of predator attack. At night, birds may huddle together in roosts to preserve body heat.

The mystery is how Chickadees cope with subfreezing temperatures? Weighing in at ½ ounce (12 grams), a half-inch layer of insulation can fluff up to maintain a daylight body temperature of 100° F. In extreme low temperatures, Chickadees enter a controlled state of nocturnal hypothermia, or torpor, when their metabolism slows and body temperature can dip to 18° F. Tendons in their feet tighten to lock them in place on a perch while consciousness is suspended. As daylight temperatures rise, the Chickadee “shivers” to warm up. But unlike humans, they do not shake. They rapidly contract opposing muscle groups to raise their body temperature. Chickadees lose as much as 10% of their body weight during the process of rewarming, requiring them to find fat-rich food sources in order to build up energy for the next cold night.

The Chickadee's ear contains a paratympanic organ that alerts the bird to changes in barometric pressure. So, if you have witnessed a frenzy of feeding birds before the onset of a storm, it's likely the result of the Chickadee's early warning system. A wise birding teacher used to tell me, look for the Chickadees in winter, and you'll find all the birds.

*Principle source: Riederer, J. *Wildlife in Winter*

ANNOUNCING THE 13TH ANNUAL BCAS HAROLD FEINBERG CONSERVATION AWARD- 2022



One of the best things about leading Bergen Audubon as the President has been the opportunity to meet many devoted, hardworking people in many small communities around Bergen County that are committed to conservation and making the environment a better place for their neighbors and the wildlife around them. These unsung heroes have given of themselves with little recognition and often with personal sacrifice. So it is in their honor that we are proud to announce winners for 2022, TAMMY LAFFERTY and PAT KNIGHT.

Tammy and Pat are both Master Gardeners who have put their heart and soul into creating a place where both wildlife and people can thrive.

Our Overpeck garden is a haven where people can learn about native plants and come watch the butterflies and hummingbirds. This would not be possible without the hard work and dedication of these two great women. Congratulations Pat and Tammy!

Photo l-r, Pat Knight, Don Torino, Tammy Lafferty.

EDUCATION

Marie Longo, Chair

Audubon Adventures

This year, BCAS is sponsoring Audubon Adventures to a very diverse group of participants. In addition to local schools, we have two community gardens, occupational therapists, and speech therapists participating. We have also been presented with a very exciting unique opportunity. One of our members owns property in Costa Rica and tries to do what he can to help the community. He reached out to me and asked if we could provide nature news packets to three local schools. I am happy to report that we will provide three different Spanish versions of Audubon Adventures nature news packets to them. I'm looking forward to receiving feedback on how the students benefit from them.

The kits will cost \$2,162.00 and will help reach over 2,000 children. The sponsorship funding comes from membership dollars and donations, thank you to all who made this possible. Children don't always have the opportunity to connect with nature and the Audubon Adventures program helps break down that nature disconnect. To learn more about Audubon Adventures visit audubonadventures.org. If you are interested in ordering, contact Marie Longo MLongo8383@aol.com.

Hog Island Scholarship

We are excited to report that BCAS has awarded a scholarship to Liana Romano who will attend the Audubon Hog Island camp in Maine this September. Liana, a BCAS member, and field trip leader will attend the Raptor Migration and Monhegan Island camp session. Upon her return, Liana will share her experience with us at a future chapter meeting. Congratulations Liana!

Certified Wildlife Garden Program

Our Certified Wildlife Garden program has reached a new milestone. We've certified our 200th garden! Richard Abbondante of Woodridge was so excited to receive his garden sign and being the 200th certification, he received a few other goodies as well. Richard couldn't wait to proudly display his sign shown with Don and Marie here on left. We also certified another beautiful garden in Leonia and the town of Secaucus garden bringing the total to 202. This year, I'd like to encourage all those with certified gardens to help spread the word in their neighborhoods and communities about the importance of natives. Connecting neighborhoods and communities creates larger habitat areas for birds, pollinators, and wildlife. Applications and more detailed info are available on our website: www.bergencountyaudubon.org/cwg. If approved, you will receive a free garden sign and your garden will be illustrated on the map on our website (address not included).



26th Annual Great Backyard Bird Count February 17th-20th

The Great Backyard Bird Count (GBBC) is a free, fun, and easy event that engages bird watchers of all ages in counting birds to create a real-time snapshot of bird populations. Participants are asked to count birds for as little as 15 minutes (or as long as they wish) on one or more days of the four-day event and report their sightings online at birdcount.org. Anyone can take part in the Great Backyard Bird Count, from beginning bird watchers to experts, and you can participate from your backyard, or anywhere in the world. Can we count on you to count with us?

Join us as we count the birds along the Frank Chapman trail in Teaneck on Saturday, February 18th at 10AM and at Teaneck Creek Conservancy on Sunday, February 19th at 10AM.

BCAS PROGRAMS – FEB. - JUNE 2023

These programs will be presented on zoom at 7:30pm. Please check www.bergencountyaudubon.org for more updates and info on our speakers, and further descriptions and photos of the event.

Feb. 14 - Lilian Lugo, founder and CEO of SOAR Education, Inc. will speak on **The Urban Forest**.

Mar 14. Peter Alexrod will address **All about Woodcocks**.

April 11. Sharon Wander will speak on **NJ Butterflies and their Host Plants**.

May 9. Wade Wander (husband of Sharon Wander) will speak on **Moths and Environs**.

June 13. James Huffstodt will present his book: *The Man Who Loved Birds: Pioneer Ornithologist Dr. Frank M. Chapman, 1864-1945*.

Submit program suggestions to Marilyn Sadowski, msadowskibcas@gmail.com

BCAS ANNUAL CHRISTMAS BIRD COUNT ON DEC 17, 2022

This year's 74th Annual Hackensack/Ridgewood Christmas Bird Count had excellent Christmas Bird Count results produced by our members -- 35,088 birds seen in total on Count Day with 85 species plus 7 Count Period species.

Many of us can remember days of harsh weather for previous Christmas Bird Counts. This year we had nothing to complain about, as the day was mild and often sunny, with an excellent variety of birds to be found. Indeed we had wonderful participation, with 22 small groups in the field, and about 20 reports from local bird feeders that helped to swell our totals for many species. Some waterfowl species were missing, but there were extraordinary counts for Mergansers, with much higher numbers at Woodcliff Lake compared to their usual locale at Oradell Reservoir. But the Reservoir still held a single Common Loon, and a single Black-crowned Night Heron was found roosting nearby. Other species visited the area just before and after the Count Day, including rare species appearing for short times within our Count Circle.

I especially want to thank our loyal scouts who helped to discover those unusual species away from the Count Day! The Black-legged Kittiwake (never before recorded locally within Count Period) was seen well for about one week at Overpeck meadows, but disappeared for Count Day itself. An Iceland Gull and a Common Goldeneye were also at Overpeck briefly just before Count Day. A Snow Goose and a Greater White-fronted Goose showed up just after Count Day.

There were high counts again for Bald Eagles, following the trend for the past decade, but also huge increases in Vultures and Ravens that have begun more recently. Black Vultures have been roosting in Norwood and Closter in extraordinary numbers this December. Ravens are now common across the whole area. Don't ask me why. Raptors were numerous and relatively easy to find, much better than during last year's misty overcast skies. Passerine birds were rather sparse overall, with lower counts for many species, and some fairly common species were missing altogether. Birds requiring meadow habitats are continuing a downward trajectory. But we should note the return of many more Titmice than other recent Christmas counts; these have been more common all across the area for the whole fall/winter period. A flock of Horned Lark were at the BCAS Butterfly Garden at Overpeck! One of the rarest finds was an Eastern Phoebe at the Haworth Country Club – this was only the 5th occurrence in 74 years for our CBC!

I offer my sincere thanks to everyone who joined us out in the field on Count Day, especially our strong set of leaders. I am also grateful for those of you who were watching your feeders closely. The lone Pine Siskin was seen at a feeder this year. This high participation really makes the event more meaningful. *Happy New Year!*

DAVE HALL

FUNDRAISING, 2022

PEG O'NEILL, CHAIR

Bergen County Audubon Society is blessed to have generous members and followers who have donated the following. **THANK YOU TO ALL OUR DONORS.**

Year End Donations 10/1-12/31/22

Total \$4,122.

Eileen Antolini , Cyn Bird , Tsiona Butvinik , Tod Christie , Karen Clemments , Marion Costanza , Shirley Culman , Sandra Cummins, Louis Discepolo ,William Drummond, Thomas/Patricia Duemig , Kathleen Farley, Bruce Feller , Norman Fisher, Anthony Fuhrman, Erica Garfinkle, Madeline Giotta, Garden Club of Hackensack , Marianne Herrmann, Marie Longo, Diane Louie, James Macaluso , Stephen Mason, Mary Matsu, Elaine McCarthy, Bernice Moran, John Moran, Peter Moreins, Carol Mueller, Anil Nerurkar, Sadonie O'Brian, Robert O'Malley, George/Julie Reskakis, Purbita Saha, Dennis Santella, Martin/Linda Stio, Catherine Tamasik , Miriam Taub, Stephanie Walker, Thomas/Anne Winner, Wild Birds Unlimited.

Don Torino's Birthday Appeal on Facebook through 12/22. A continuation from our Fall newsletter with a total \$3,065 plus end of 22 \$1,195 = **\$4,260.**

Richard Abbondante, Prod Uct Andrero, Wanda Beniquez, Chuck Berhain, Mai Bishop, Linda Calamito, Kim Correro, Lorraine Freeney, Pam Ferrari, Patty Finn, Maureen Gallagher, Susan Grimstead, Loretta Guardina, Pat Knight, Joseph Koscielny, Shelley Larson, Jim LeMaire, Nika Leone, Sally Magin, Deb Manfredonio, Michele Maresca, Elaine McCarthy, Anna Mosca, Nancy Motto, Linda Mullaney, April Neumann, Anil Neurkar, Jim O'Leary, Aimee Raffiani, Nancy Salvati, Janice Shabib, Bob Sorce, Anna Torino, Christine Toth, Marco Van Brabant, Catherine Vasquez, Miryam Wahman, Bill Wasserman, James Wyman.

Other Tributes include a Memorial Tribute --Sandy Wolkenberg for her late husband David. \$300.
Birthday Tribute for Chris Takacs. \$25

Final Total Donations \$8707.00

Please inform us of any mistakes and we will correct them in the next Blue Jay.

THE BCAS 74th ANNUAL CHRISTMAS BIRD COUNT-
ON DECEMBER 17, 2022

by DAVE HALL

| | | | | | |
|-----------------------------|------|-----|-----------------------|------|----|
| Common Loon | 1 | | Belted Kingfisher | 22 | |
| Dbl-crst. Cormorant | 300 | H | Red-bellied Woodpkr | 158 | |
| Great Cormorant | 4 | H | Yellow-b. Sapsucker | 16 | |
| Great Blue Heron | 96 | H | Downy Woodpecker | 130 | |
| Bl-crwn. Night Heron | 1 | | Hairy Woodpecker | 35 | |
| Mute Swan | 3 | | Northern Flicker | 17 | |
| Snow Goose | CP | | Pileated Woodpecker | 7 | |
| Canada Goose | 7712 | | Eastern Phoebe | 1 | ! |
| Cackling Goose | CP | ! | Horned Lark | 9 | |
| Gr White-Frt Goose | CP | ! | Blue Jay | 535 | |
| Wood Duck | CP | | Common Raven | 32 | H! |
| Green-winged Teal | 2 | | American Crow | 372 | |
| Am. Black Duck | 79 | | Fish Crow | 442 | |
| Mallard | 1025 | | Bl-capd Chickadee | 267 | |
| Northern Pintail | 2 | | Tufted Titmouse | 453 | H |
| Northern Shoveler | 19 | | Red-breastd Nuthatch | 1 | |
| Gadwall | 6 | | White-br Nuthatch | 150 | |
| Ring-neckd Duck | 32 | | Brown Creeper | 5 | |
| Lesser Scaup | 62 | | Carolina Wren | 58 | |
| Com Goldeneye | CP | | Winter Wren | 9 | |
| Bufflehead | 36 | | Golden-crnd Kinglet | 1 | L |
| Hooded Merganser | 242 | | Ruby-crnd Kinglet | 5 | |
| Common Merganser | 9744 | H | Hermit Thrush | 2 | |
| Red-brstd Merganser | 2 | | American Robin | 174 | |
| Ruddy Duck | 3207 | H | Gray Catbird | 1 | |
| Turkey Vulture | 49 | H | North. Mockingbird | 50 | |
| Black Vulture | 104 | H! | Cedar Waxwing | 12 | |
| Bald Eagle | 48 | | Eur. Starling | 1261 | |
| Northern Harrier | 2 | | Yellow-rump Warblr | 3 | |
| Sharp-shin. Hawk | 3 | L | Northern Cardinal | 147 | |
| Cooper's Hawk | 17 | H | Eastern Towhee | 3 | |
| Red-shldrd Hawk | 3 | | Am Tree Sparrow | 25 | |
| Red-tailed Hawk | 59 | | Field Sparrow | 1 | |
| American Kestrel | 5 | H | Fox Sparrow | 4 | L |
| Merlin | 3 | | Song Sparrow | 173 | |
| Peregrine Falcon | 3 | | Swamp Sparrow | 2 | |
| Wild Turkey | 10 | | White-thr Sparrow | 624 | |
| Black-leg Kittiwake | CP | !!! | Dark-eyed Junco | 852 | |
| Ring-billed Gull | 2305 | L | Red-wgd Blackbird | 20 | L |
| Herring Gull | 178 | | Rusty Blackbird | 23 | |
| Iceland Gull | CP | !! | Common Grackle | 889 | |
| Gr. Blk-Bckd Gull | 24 | | Purple Finch | 2 | |
| Rock Dove | 528 | | House Finch | 172 | |
| Mourning Dove | 1025 | | Pine Siskin | 1 | |
| Eastern Screech Owl | 5 | L | American Goldfinch | 131 | |
| Great-horned Owl | 8 | | House Sparrow | 749 | |
| Barred Owl | CP | | Monk Parakeet | 93 | |

L indicates a species found in lower than normal numbers

H indicates a species found in higher than normal numbers

The most surprising finds are marked in bold face and/or with !!!

CP indicates a "Count Period" species



**BERGEN COUNTY
AUDUBON SOCIETY
A CHAPTER OF THE
NATIONAL AUDUBON
SOCIETY
P.O. Box 235
Paramus, NJ 07653-0235**

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**Dated Material
JANUARY 2023**

As Members of Bergen County Audubon Society, we share a love for birds and a concern for the environment. Our mission is to promote and protect wildlife in their natural habitat by providing opportunities for observation and conservation.

All field trips and programs are open to the public and free of charge.

MEMBERSHIP APPLICATION 2023

Please enroll me as a member of the Bergen Audubon Society and/or the National Audubon Society. My check is enclosed for:

Chapter Sustaining Member. \$20.00 - Single or \$35.00 for Family Membership. All funds stay in our area, helping us to support local efforts and provide services in Bergen County. Make check payable to Bergen County Audubon.

\$20.00 - National Audubon Society Member. (1st year rate for new NAS members only). Includes Chapter membership. Make check payable to National Audubon Society.

Name: _____

Address : _____

City: _____ State: ____ Zip: _____

Phone: (____) _____

E-mail (I would like to be notified of upcoming events online and receive the newsletter electronically.)

Please mail to : BCAS Membership Chair, PO Box 235, Paramus, NJ 07653-0235

Volunteer opportunities in local chapter activities or committees are available. Please circle the following and mail with your subscription or see any officer or chair at one of the meetings.

Conservation Membership Publicity Field Trips

Education Newsletter/Website